

Uses

ID	1,274
Crop ID	Spike Lavender
Part	Extract (oil)
Use Category	Medicinal
Notes	Spike lavender has similar medicinal properties to common lavender (<i>L. angustifolia</i>). It yields more essential oil than that species but is of inferior quality. They can be used in all the ways that common lavender is used, externally to treat wounds, burns, insect stings etc and internally to treat digestive disorders. The flowering stems, and the essential oil obtained from them, is abortifacient, antibacterial, antiseptic, antispasmodic, carminative and emmenagogue.
Metadata ID	8,420