

Uses

ID	1,364
Crop ID	Bird's Eye Chilli
Part	Fruit
Use Category	Medicinal
Notes	Used externally, the fruit is a strong rubefacient stimulating the circulation, aiding the removal of waste products and increasing the flow of nutrients to the tissues. It is applied as a cataplasm or liniment. It has also been powdered and placed inside socks as a traditional remedy for those prone to cold feet. A weak infusion can be used as a gargle to treat throat complaints.
Metadata ID	8,439