

Uses

ID	137
Crop ID	Garlic Mustard
Part	Whole (without root)
Use Category	Food
Notes	Garlic mustard's flower, leaf and young fruit are used raw or cooked both as a vegetable and for flavouring. The leaves and flowers have mild aromatic taste and flavour and are used as a spice and flavouring in cooked foods. Leaves are used as a winter salad vegetable and as a flavouring in cooked food
Metadata ID	6,915