

# Uses

ID	1,389
Crop ID	Winter Savory
Part	Whole
Use Category	Medicinal
Notes	The whole herb, and especially the flowering shoots, is mildly antiseptic, aromatic, carminative, digestive, mildly expectorant and stomachic. Taken internally, it is said to be a sovereign remedy for colic and a cure for flatulence, whilst it is also used to treat gastro-enteritis, cystitis, nausea, diarrhoea, bronchial congestion, sore throat and menstrual disorders.
Metadata ID	8,445