

Uses

ID	1,469
Crop ID	Wild Ginger
Part	Root
Use Category	Medicinal
Notes	The root is used internally to treat colds, bronchial complaints, dyspepsia and other gastric complaints, and headaches. It is chewed to treat sore throats and coughs. It is used in traditional medicine for the treatment of high blood pressure and asthma. The roots are an ingredient of a post partum medicine. Externally, the root is applied as a poultice to wounds, swellings and ulcers, and is also used to treat dandruff and rheumatic joints. It is used as a gargle for sore throats.
Metadata ID	8,463