

Uses

ID	1,517
Crop ID	Malabar Spinach
Part	Leaf
Use Category	Medicinal
Notes	The leaves and stems are cooked and eaten for their laxative properties. The leaf juice is a demulcent, used in cases of dysentery. It is also diuretic, febrifuge and laxative. The leaf juice is used in Nepal to treat catarrh. A paste of the leaves is applied externally to treat boils and sores.
Metadata ID	6,481