

# Uses

ID	484
Crop ID	Bush Yam
Part	Tuber
Use Category	Food
Notes	The tuber should be cooked first. Seen mainly as a food for use in times of shortage, usually only the lower portion is eaten, and then only while still young. Prolonged soaking of the tuber is required before it can be eaten, not so much because of any traces of toxicity as because of the woodiness of the tissue.
Metadata ID	7,769