

Uses

ID	642
Crop ID	European Pennyroyal
Part	Whole
Use Category	Medicinal
Notes	M. pulegium also powerfully stimulates the uterine muscles and encourages menstruation; therefore it should not be prescribed for pregnant women since it can procure abortions, especially if the essential oil is used. The herb is reported to be antiseptic, antispasmodic, carminative, diaphoretic, emmenagogue (menstrual flow stimulant), sedative and stimulant. The essential oil in the leaves is antiseptic, though it is toxic in large doses.
Metadata ID	8,241