

Uses

ID	668
Crop ID	Garden Thyme
Part	Extract (oil)
Use Category	Medicinal
Notes	<p>The medicinal variety is known as common Thyme or garden Thyme, the same variety that is most often used for seasoning. Medicinal preparations of common Thyme are made from the leaves and the flowers. The genus <i>Thymus</i> are important medicinal plants, highly recommended due to a variety of therapeutic properties of their essential oils, normally known as Thyme oil. <i>Thymus</i> species are considered as medicinal plants due to their pharmacological and biological properties. <i>Thymus vulgaris</i> L. is widely used in folk medicine in the treatments of variety of diseases such as gastroenteric and bronchopulmonary disorders. The essential oil of thyme and the compound thymol have antimicrobial activity in vitro against <i>E. coli</i> strains. The essential oil of thyme has been found to possess the strongest antimicrobial properties.</p>
Metadata ID	8,262