

Uses

ID	884
Crop ID	Bataua
Part	Seed
Use Category	Industrial
Notes	The ripe mesocarp of the fruit yields a nutritious, oily beverage, from which an oil similar to olive oil is obtained and which also has medicinal value. The drink is milk-like and an important source of protein and energy. The oil can be used for food, soap and cosmetics. The milky residue from oil extraction (called "yacuta") is consumed as a beverage. The seed is edible and the "cabbage" of the palm is an excellent vegetable.
Metadata ID	2,424