

# Antinutrient & Toxicity

Antinutrient and Toxicity ID	42
Crop ID	Taro (Cocoyam)
Part	Tuber
Reported Factor	Oxalate
Effect	Oxalates turns to precipitate calcium and makes it unavailable for use by the body. Oxalates have also been suspected to cause kidney stones.
Cause Toxicity	false
Cause Allergic Reaction	false
Reduction Method	Fermentation
Notes	<i>NULL</i>
Metadata Id	8,556