

# Nutrition

Nutrition ID	3,459
Crop ID	Bitter Gourd
Part	Fruit
Variable	3010 Vitamin B1 Thiamin (mg/100g)
Weight Basis	Unspecified
Value Mean	0.04
Value Max	<i>NULL</i>
Value Min	<i>NULL</i>
Data Flag	Source presented value
Analysis Method	<i>NULL</i>
Pre-treatment	<i>NULL</i>
Sample Number	<i>NULL</i>
Material Source	<i>NULL</i>
Recommended Data	true
Notes	<i>NULL</i>
Metadata Id	756